

## **IDentoMetric Solutions increases value from itemizing medical tax deductions**

*IDentoMetric Solutions LLC, Chatham, New Jersey, January 8, 2011*

*IDentoMetric Solutions (IDMS), a leading supplier of personal life management software, brings added benefits to responsible individuals by using their medical tax data to create and maintain personal health records with its Lifelong PHR software.*

Lifelong PHR software allows users to record their personal health information (health care providers, history of care, current and prior medications, allergies and conditions and more) in an easy to understand format. Unless someone maintains their record on a regular basis, or only a little at a time, recordkeeping can become tedious. New Year's Resolutions don't work, playing catch-up is not fun, and not everyone has the fortitude to be an accountant. Fortunately, there is a dual purpose when someone itemizes their tax deductions for medical expenses. With Uncle Sam's club hanging over to get tax returns filed on time (April 18<sup>th</sup> this year), it can be easier to avoid procrastination and get personal health records started or bring them up-to-date. Once data is collected for tax reporting, it is relatively quick and easy to load some of the same data into Lifelong PHR. Then reports can be generated to share information with health care providers, emergency personnel and anyone else that needs it.

Whether we like it or not, each one of us will need to play greater roles in our healthcare decisions. As we grow older and typically need more healthcare services, having a Lifelong PHR will provide essential reminders of things that we might ordinarily forget and overlook. As high costs, tight budgets, insufficient tax revenues and less generous insurance benefits reduce options available to patients, Lifelong PHR will more and more become a must have tool to assess and manage the different variables in healthcare processes and procedures. High value medical personnel cannot afford to spend time helping patients with their records. There are basic facts that patients need to keep for themselves. It makes sense, too, since patients are the only ones who are involved in every single part of their care. Providers on the other hand only participate in matters that affect them. Provider records reflect their needs, not patients.

Personal healthcare records are currently stored in many places including doctor's offices, hospitals, clinics, drug stores, medical testing facilities, and many other organizations where one seeks medical attention. Using LPHR, patients can create a condensed, consolidated picture of every medical and health related aspect of their lives. At times, having such a record can be invaluable, even life-saving. What better way to assure that it gets prepared than to have incentives from the IRS that encourage the necessary data collection!

Between the ravages of time and the large volume of our personal medical history that is still contained in paper files held by doctors and other providers, no one can be assured that their records will be retained indefinitely. Lifelong PHR allows the user to take control and responsibility for consolidating healthcare information from the many different health care providers. With Lifelong PHR, patients control the access, sharing and backup of all the puzzle pieces that result in the big picture that is important to them.

Lifelong PHR is available to individuals for their family's personal use. It is an ideal gift for friends, customers and anyone else who understands that no medical provider is responsible for keeping and maintaining their comprehensive personal healthcare record.

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### **About IDentoMetric Solutions**

IDentoMetric Solutions (IDMS), a leading supplier of personal life management software and Lifelong PHR is their initial offering. The principals have been involved in software design and consulting in a number of markets.

IDentoMetric Solutions is located in Chatham, NJ.

Additional company information is available at <http://www.identometricsolutions.com>.

Additional information on Lifelong PHR is available to <http://www.lifelongphr.com>.